

Fit India Movement 3.0

Under Azadi Ka Amrit Mohatsav campaign ICAR-DMAPR organized Fit India Movement 3.0 on 02 October, 2022 from residential campus to Lambhvel farm to promote fitness and creating awareness in fitness activities. Fit India Mission converges with swachh Bharat Abhiyan with fit India plog run where fitness meets swachhata in a form of engaging fun-loving exercises. Staff and family members enthusiastically took part in the campaign. Activities will also organized in the coming days (02-31st October, 2022) to spread more awareness regarding fitness.





(Source: AKMU, ICAR-Directorate of Medicinal and Aromatic Plants Research, Anand, Gujarat)